

# Our Lady of Mt Carmel Parish

Serving  
Varroville, Raby, St Andrews and Bow Bowing

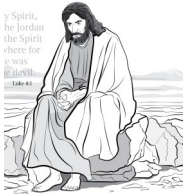
Since 11 May, 1980



To know, love and serve Jesus  
by sharing our gifts through our baptismal mission

*We acknowledge and respect the traditional owners and custodians of the land on which we stand, the elders, past and present and all the Dharawal people. May we too be good stewards of this land.*

6 March 2022  
First Sunday in Lent  
Year C



### Entrance Antiphon

When he calls on me,  
I will answer him; I will  
deliver him and give him  
glory, I will grant him  
length of days.

**First Reading** from the  
book of Deuteronomy  
26:4-10

### Responsorial Psalm

Ps 90:1-2. 10-15. R. v.15

**Response:** Be with me,  
Lord, when I am in trouble.

### Second Reading

from the letter of St Paul  
to the Romans 10: 8-13

### Gospel Acclamation

Praise to you, Lord Jesus  
Christ, king of endless  
glory! No one lives on  
bread alone, but on every  
word that comes from the  
mouth of God. Praise to  
you, Lord Jesus Christ, king  
of endless glory!

**Holy Gospel** according  
to Luke 4: 1-13

### Communion Antiphon

One does not live by bread  
alone, but by every word  
that comes forth from the  
mouth of God.

Next week:

**SECOND SUNDAY OF LENT**

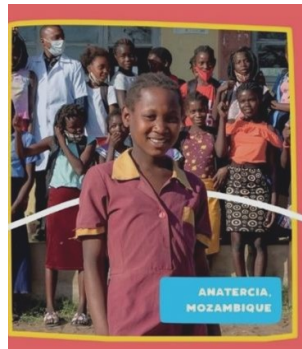
**First:** Gen 15:5-12. 17-18

**Responsorial Psalm:**

26:1. 7-9. 13-14. R. v.1

**Second:** Phil 3:17 – 4:1

**Gospel:** Lk 9:28-36



## Anatercia, Mozambique

Anatercia is a 12-year-old girl living in a small village in southern Mozambique. After her father passed away and her mother became incapacitated due to chronic health issues, life became a daily struggle.

She moved in with her elderly grandparents, and began to take on more and more adult responsibilities. She did most of the household chores and had to travel for hours every day to collect clean water. Water scarcity also meant that harvests were poor and there was never enough to eat.

With your support, Caritas Australia's local partner, Caritas Regional Chokwe was able to help Anatercia's

family to irrigate their farm to improve their food security, while also improving water access for households in the village. Her grandmother participated in sustainable farming training, while Anatercia received essential school supplies & access to psychosocial supports through a local health committee.

Now, Anatercia can easily access clean drinking water, community members are able to grow healthy crops all year round, and there is enough nutritious food to eat.

Anatercia feels better supported by her community, has more time to study and do her homework, and hopes to fulfil her dream of becoming a nurse.

As St Pope John Paul II said, "The future starts today, not tomorrow."



Together, we can help vulnerable communities face their challenges today and build a better tomorrow **For All Future Generations**. You can donate through Project Compassion donation boxes and envelopes available from your Parish, by visiting [lent.caritas.org.au](http://lent.caritas.org.au), or by calling 1800 024 413.

2021 National  
Church Life  
Survey



FOCUSED  
ON THE

future

**NCLS Survey.** Don't forget to return your completed survey this week. You can complete it online if you haven't already done so.

We are able to complete the survey online at [attendersurvey.ncls.org.au](http://attendersurvey.ncls.org.au).

The parish code is **TA703701** Our Lady of Mount Carmel Parish Varroville.

## Contact us

**Parish Priest:**  
**Fr. Shane Kelleher OCD**

**Assistant Priest**  
**Fr "Sam" Ransom Rapirap OCD**

**Parish Associate:**  
**Sr Ninfa Timbal, CM**

193 St Andrews Rd, Varroville

Parish Office Phone:

9603 7373 & 0434 705 176

Office Hours:

Tuesday—Friday 9.30am-12.30pm

Email: varroville@dow.org.au

Website: varroville.dow.org.au

## Mass times

Sunday Mass times	Weekday Mass times
Saturday Vigil: 6pm	Monday, Tuesday, Wednesday, Friday & Saturday Mass at 9am
Sunday: 9.30 am & 5pm	Thursday - Mass at 7.30pm
Reconciliation: by appointment	All Sacramental enquiries: call the parish office
<b>Diocese of Wollongong Mass Online:</b> for all of the online Mass options- please visit the DoW website <a href="https://dow.sh/dailymass">https://dow.sh/dailymass</a>	

## Rosters

13 March	Saturday 6pm	Sunday 9.30am	Sunday 5pm
<b>Monitors</b>	David Fehlberg Bev & Ryan Potter	Allan & Anita Roma Jackie Plasto	Patricia Wicks
<b>Altar Servers</b>	Ryan Potter	Orly Simbul	Robert Selvaraj
<b>Readers</b>	Michael Binny	Irene Ravino	Kavya Thalody
<b>Flowers</b>	Maria Dalecki	<b>Church Vacuuming</b>	Hermi & Charity Tamisin
<b>Counters</b>	Margaret McDermott, Paul & Marilyn Robins	<b>Foyer Cleaning</b>	Russell & Suzanne Binny

## Prayer intentions

*We have been praying for many people listed in our prayer intentions each week.. If you wish to include a person's name who is sick, recently departed or having an anniversary please call the parish office.*

*Some names have been on the sick list for a very long time, and the office doesn't know whether the person has a chronic illness or has recovered and forgotten to inform the parish office. If your name is on the sick list and you have recovered from your illness, please inform the parish office.*

*If you know of someone who would like a visit from someone in our Pastoral Care team, please call the parish office.*

**For the sick & homebound:** Reg Gardner, Phyllis Cooper, Sr Heather Burke, Marie & Barry Atkins, Carol & Gabriel Gonzales, Christabelle Adina, Gloria Gonzales Prudente, Amelia Jimenez, John Ingster, Elizabeth Moore, John Morgos, Greg Watson, Joe Spinnato, Susan Mella, Ron Allen, Sean Finnerty, Rose Levoune, Francisco Carmona, Doreen Gribbons, Clayton Diack, Emily Rose Pavicin, Pat & Denise Furner, Tracey Bokor, Lily Pereira, Doris Wahhib, John Kajdrys, Erlinda Hermes, Aurelia Vertucio, Ofilia Mawson, Mary & Frances Raithi, Jeanna San Diego, Hugo Garzotto, Eileen Butcher, Josephina Duefries, Austin Taylor, Marisa Aquirre, Joan Wilson.

*May they experience the saving power of the risen Lord amidst their pain & affliction.*

**For our recently dearly departed:** Rose Refalo, Porfinio Perez, Kevin Quinn, Marie Carter, Mary Gardner, Silvano Stocco, Dorothy and Geoff Jones,

**Those whose anniversaries occur at this time:**

Edwin Benney, Anne Migus,

*Eternal rest grant unto them, O Lord, and may perpetual light shine upon them.*





## Bulletin Notices

**Farewell to Sr Fines** After 9.30am Mass this weekend we will have a special morning tea to say farewell to Sr Fines. Sr is leaving Australia to start a new assignment in Shang Rai, Thailand continuing her vocation.

**Welcome to Fr "Sam" Ransom Rapirap, OCD** who has recently joined the Carmelite Community here at Varroville from the Philippines. You may have already met him at Mass. He is our new Assistant Priest, helping Fr Shane.

**Alpha@Home** If you missed our Alpha Come and See Pancake Night, don't worry, there is still a chance to join the Alpha journey.

There are three different locations and times to choose from. They are:

- Beginning Tuesday March 8 at 7:00 pm for dinner, followed by a film and discussion at Paul and Lori's home in Macquarie Links.
- Beginning Wednesday March 9 at 6:30 pm for dinner, followed by a film and discussion at the MGL sisters home in Varroville.
- Beginning Thursday March 10 at 10:00 am for morning tea, followed by a film and discussion at Beatrix and Michael's home in St Andrews.

Register via the parish website at <https://www.varroville.dow.org.au/alpha/> or phone the parish office on P: (02) 9603 7373 M: 0434 705 176

**Easter Sunday is on April 17 this year.**

**Stations of the Cross will be held in the Parish Church each Friday at 7pm.**

**Lenten Groups** will be available at various times each week. If you would like to join please call the parish office. **Lenten Reflection books** are available this weekend for purchase in the foyer.

**Paschal Precept** Each of the faithful is obliged to receive Holy Communion at least once a year. This is to be done between Ash Wednesday (2 March 2022) and Trinity Sunday (12 June 2022) unless for a good reason it is done at another time during the year. All the faithful are obliged to confess their grave sins at least once a year.

**Lenten Reflection Group** will meet in the Parish Meeting Room from 6pm-7pm for the Sundays during Lent 2022. This group will be for the young adult demographic. The gathering will consist of praise and worship, Lenten scriptural reflection, meditation and discussion. We hope and pray that the Spirit moves us all through this Lenten experience.

**The Journey Weekly Podcast:** On The Journey This Week: We commence our Lenten series with reflections and tips from Fr Anthony Jukes, Mother Hilda, and Fr Sean Cullen. plus, Fr Anthony Crook, The Bush Deacon Josh Clayton, and more great music! The Journey podcast available at [www.jcr.org.au](http://www.jcr.org.au)

**Casual Cleaners URGENTLY required at Mt Carmel Retreat Centre, 247 St Andrews Rd, Varroville**

- Lovely place to work.
  - Supportive and flexible environment.
  - We can accommodate your timetable.
  - Award rates
  - 2 minutes drive from Mt Carmel Catholic College.
- Please call the Centre Manager, John on: 0435 857 690

**Workshop: Practical Steps for Creating an Invitational Culture:** 'Come & See' these are Jesus' initial words to his first disciples, very simple and indeed at the heart of our task of reaching out to others. Creating a culture of invitation is what will enable us to welcome, build and create vibrant life-giving communities, especially for those implementing Alpha. We are holding two workshops, facilitated by Kevin Bailey from Divine Renovation Ministries Australia, which will focus on the practicalities of becoming invitational and breaking through our fears of inviting others.

- Wednesday 9th March, 7:30pm - 9pm at St John the Evangelist Parish Hall, Cordeaux Street Campbelltown. For further information please contact Darren McDowell (4222 2463 or [darren.mcdowell@dow.org.au](mailto:darren.mcdowell@dow.org.au)) Registrations are via our Diocesan Website.

**The MGL Sisters are hosting a Consecrated Life Weekend** for young women on the 26 - 27 March 2022. Where and how is God calling you to respond to His love? Have you taken time to listen? Here's your opportunity to come and hear the voice of Jesus, ask questions and experience prayer, talks, sisterhood and times of sharing to help you discern your vocation. Call 9626 8382 or email [mgl sisters.sydney@gmail.com](mailto:mgl sisters.sydney@gmail.com) to register your interest.

**Marriage Enrichment Weekend 22 - 24 April 2022** Worldwide Marriage Encounter is offering an opportunity for you to learn to become the best version of yourselves together and live your best life in love! This is a wonderful opportunity in the year of the family. Come and join us on 22 - 24 April at a Marriage Encounter Weekend in a Covid safe environment at Mount Carmel Retreat Centre, Varroville, NSW - a stunning & tranquil oasis on the edge of Sydney. Book online at [www.wwme.org.au](http://www.wwme.org.au) or contact Christine & Terry Mahony on 0490 774 419 or [nswbookings@wwme.org.au](mailto:nswbookings@wwme.org.au)

**Project Compassion** boxes and envelopes are available in the foyer this weekend. During Lent, stories and reflections will be shared in the bulletin about the ways Caritas is helping people in our world. Please take a box or set of envelopes home and return to the parish before Easter.

**SYNOD OF BISHOPS:** People around the world have been participating in an international conversation about the Catholic Church. You are invited to join the discussion, helping shape a major global meeting in 2023. You have one more week to make a submission to your local consultation for the international Synod on Synodality, calling the People of God to walk together in our mission as Christians. Find out more at: <https://catholic.org.au/synodalchurch>



## Holy Gospel according to Luke 4: 1-13

*Filled with the Holy Spirit, Jesus was led by the Spirit through the wilderness where he was tempted.*

Filled with the Holy Spirit, Jesus left the Jordan and was led by the Spirit through the wilderness, being tempted there by the devil for forty days. During that time he ate nothing and at the end he was hungry. Then the devil said to him, 'If you are the Son of God, tell this stone to turn into a loaf.' But Jesus replied, 'Scripture says: Man does not live on bread alone.'

Then leading him to a height, the devil showed him in a moment of time all the kingdoms of the world and said to him, 'I will give you all this power and the glory of these kingdoms, for it has been committed to me and I give it to anyone I choose. Worship me, then, and it shall all be yours.' But Jesus answered him, 'Scripture says:

You must worship the Lord your God, and serve him alone.'

Then he led him to Jerusalem and made him stand on the parapet of the Temple. 'If you are the Son of God', he said to him 'throw yourself down from here, for scripture says:

He will put his angels in charge of you to guard you,  
and again:

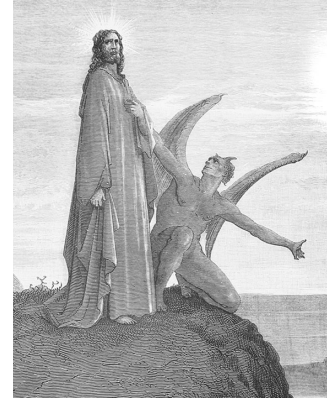
They will hold you up on their hands in case you hurt your foot against a stone.'

But Jesus answered him,

'It has been said: You must not put the Lord your God to the test.'

Having exhausted all these ways of tempting him, the devil left him, to return at the appointed time.

The Gospel of the Lord.



## Gospel Reflection

Lent is the season for getting back to basics. It is the time for having a clean-out, getting rid of attitudes and patterns of behaviour that prevent us from being as free as God made us to be. We can all be hoarders of one kind or another. We can store up angers and resentments and fears that we no longer need. It is time to give them away.

In today's Gospel, we learn that the Spirit led Jesus to a lonely place. Up to this point in Luke's Gospel, we have seen Jesus as a member of his family and community. We have met Mary and Joseph and Elizabeth and Simeon and Anna and John the Baptist. Now Jesus must stand on his own and decide what really matters in life. Is he going to rely on material things? Is he going to want power at any price? Is he going to put himself rather than God at the heart of his decision making? These are the temptations of the devil.

This week through Project Compassion we have encountered the story of Anatercia, a truly remarkable 12-year-old living in southern Mozambique. Sickness, death and environmental challenges forced her to decide at a young age what really matters. She has been working for her family and community. This is where the work of Caritas Australia is so striking. With your help, Caritas is assisting Anatercia and thousands of young people like her to stand on their own two feet, to have food and water, and to pursue education. Her story shines a light on this year's theme for Project Compassion from the book of Genesis: 'for all future generations.'

Today, St Paul reminds us that 'all belong to the same Lord, who is rich enough, however many ask for his help, for everyone who calls on the name of the Lord will be saved.' The Lord calls on us as well! The Lord asks us to remove some of our own clutter and do what we can to embrace the whole human family. Our deepest longing is for God to be the centre of our lives and nothing else.

(Caritas)

### Temptations (Michael Tate)

After his baptism Jesus was driven by the Holy Spirit into the wilderness where the devil put him to the test. Jesus was offered three shortcuts to his living in harmony with the will of his Heavenly Father.

First, when *he* was hungry there would be bread out of stones.

Second, when he wanted to change the world he could have absolute political power.

Third, when he needed to take risks, angels would keep him safe.

Our baptism does not insulate us from the same threefold pattern of temptation. Do you find yourself saying:

I want the whole world to change to satisfy me, *or* I want to exercise power over others, *or* I want to take stupid risks and come out unharmed, *or* all three! What must we do when such temptations assail us?

Realise that such temptations are much less powerful than they seem – the last gasp of the vanquished devil. Imitate Jesus in going to the Scriptures, preferably the Gospels, in order to have the words to hurl back at the devil as you are tested. We could pause to make a Lenten resolution to read a Gospel, and to do so confident of our Baptismal identity as beloved daughters and sons of God.