

# Our Lady of Mt Carmel Parish

Serving  
Varroville, Raby, St Andrews and Bow Bowing

Since 11 May, 1980



To know, love and serve Jesus  
by sharing our gifts through our baptismal mission

*We acknowledge and respect the traditional owners and custodians of the land on which we stand, the elders, past and present and all the Dharawal people. May we too be good stewards of this land.*

19 June 2022  
The Most Holy Body  
and Blood of Christ  
Year C



#### Entrance Antiphon

He fed them with the finest  
wheat and satisfied them  
with honey from the rock.

**First Reading** from the  
book of Genesis 14: 18-20

#### Responsorial Psalm

Ps 109:1-4. R. v.4

**Response:** You are a  
priest for ever, in the line  
of Melchizedek.

**Second Reading** from the  
first letter of St Paul to the  
Corinthians 11: 23-26

#### Gospel Acclamation

Alleluia, alleluia!

I am the living bread from  
heaven, says the Lord;  
whoever eats this bread  
will live for ever.  
Alleluia!

**Holy Gospel** according  
to Luke 9: 11-17

#### Communion Antiphon

Whoever eats my flesh  
and drinks my blood  
remains in me and I in  
him, says the Lord.

**Next Week**  
THIRTEENTH SUNDAY  
IN ORDINARY TIME  
YEAR C

## Congratulations to the 23 children receiving their First Holy Communion this weekend.

May Jesus come to bless you on your First Communion Day.  
May you feel His Loving Presence in a very special way.  
As you strive to follow in His footsteps, may He bless your life  
with many graces and lasting happiness.

Best wishes and congratulations to their parents, teachers and  
families. They have prepared themselves for this special day with your support  
and love. May the blessings of Christ be upon you always.

## Congratulations to the RCIA catechumens and candidates

Welcome to Chontelle, Emma, Kava, Colin, Raquel, Kim and Bhlane who have  
all been initiated into our Catholic community in the last two months.  
For information about them go to the parish website under "News"

## Our Lady of Mount Carmel Annual Parish Fiesta

It is just 4 weeks until our Parish Feast day celebration on 17 July. After a 2  
year covid break, we are excited to be able to prepare for and invite you all to  
participate in the celebrations.

The Novena of Masses will be held every night at 7.30pm from Thursday 7 July.  
Fr Sam is taking the names of parish groups and individuals would like to offer  
to take an active part (reading, altar serving, choir, refreshments, monitors).

The Fiesta day will commence with Mass at 9.30am (Bishop Brian will be the  
Celebrant) followed by the procession with Our Lady' statue, the international  
lunch and concert outdoors in the grounds of the church.

There is going to be sign up sheets available next weekend where you can put  
your name down to help with:

- The Novena Masses
- The food stalls
- The concert
- The setting up on Saturday
- The packing up on Sunday
- Traffic wardens
- Working bee on Saturday 2 July to prepare the church  
and grounds

The parish website [varroville.dow.org.au](http://varroville.dow.org.au) will also have an event for the Fiesta  
with sign up button. You can put your name, phone number and area of  
commitment for the committee to follow up.

**Feast Day planning meeting will be held on Monday 27 June at 7.30pm.**



## Contact us

**Parish Priest:**  
**Fr. Shane Kelleher OCD**

**Assistant Priest**  
**Fr "Sam" Ransom Rapirap OCD**

**Parish Associate:**  
**Sr Ines Comiling, CM**

193 St Andrews Rd, Varroville

Parish Office Phone:

9603 7373 & 0434 705 176

Office Hours:

Tuesday—Friday 9.30am-12.30pm

Email: varroville@dow.org.au

Website: varroville.dow.org.au

## Mass times

Sunday Mass times	Weekday Mass times
Saturday Vigil: 6pm	Monday, Tuesday, Wednesday, Friday & Saturday Mass at 9am
Sunday: 9.30 am & 5pm	Thursday - Mass at 7.30pm
Reconciliation: Saturday at 11am	All Sacramental enquiries: call the parish office

### Diocese of Wollongong Mass Online:

for all of the online Mass options- please visit the DoW website <https://dow.sh/dailymass>

## Rosters

26 June 2022	Saturday 6pm	Sunday 9.30am	Sunday 5pm
<b>Monitors</b>	Tracey & Richard	Violetti, Martin & Sarah	Thalody Family
<b>Altar Servers</b>	Cody & Christian	Orly & Carlos	Frank & Volunteer
<b>Readers</b>	Candice & Michael	Tess & Aida	Kathy & Volunteer
<b>Refreshments</b>	Joanne & Margaret	Ofa & Charlotte	
<b>Flowers</b>	Tracey	<b>Church Vacuuming</b>	Feiloakitohi Family
<b>Counters</b>	George & Irene	<b>Foyer Cleaning</b>	Feiloakitohi Family
<b>CLOTW</b>		Lee & Rebecca	

**Readers are needed:** We are trying to approach as near to normal (pre covid) as possible within our church ministries. Please consider joining the Ministry of Reader. If you feel called to this ministry we will offer you our prayers, training and support. For those who have previously been Ministers of the Word, please consider returning to this ministry. There is a readers in service meeting on the last Friday of each month. Colleen from the Readers group is happy to discuss this ministry if you have any questions or concerns about joining.

## Prayer intentions



As our Parish is developing a culture of Prayer and Worship the PLT (Parish Leadership Team) have made a little gesture of welcoming everyone to express the need for prayer. There are boxes placed in front of the Blessed Virgin Mary wherein you can drop your petition (example: asking for good health, or any favour, etc.) and thanksgiving prayer (answered prayer, favour's given, blessings received, etc). After some time, we look forward to forming a group of people who are interested to be part of an intercessor of the Parish Community. For inquiries, you may ask anyone from PLT: Fr. Shane, Fr. Sam, Sr. Ines, Beatrix Reuter, Geoff Ashton, Colleen Haughey, Donna Ransom, Sr. Ninfa

**For the sick & homebound:** John McDermott, Reg Gardner, Phyllis Cooper, Sr Heather Burke, Marie & Barry Atkins, Carol & Gabriel Gonzales, Amelia Jimenez, John Ingster, Elizabeth Moore, Greg Watson, Joe Spinnato, Susan Mella, Ron Allen, Sean Finnerty, Rose Levoune, Francisco Carmona, Doreen Gribbons, Clayton Diack, Emily Rose Pavicin, Pat & Denise Furner, Tracey Bokor, Lily Pereira, Doris Wahhib, John Kajdrys, Erlinda Hermes, Aurelia Vertucio, Mary & Frances Raithi, Jeanna San Diego, Hugo Garzotto, Eileen Butcher, Josephina Duefries, Austin Taylor, Marisa Aquirre, Joan Wilson.

*May they experience the saving power of the risen Lord amidst their pain & affliction.*

**For our recently dearly departed:** John Morgos, Raymond Potter, Clothilde Bastoli, Sr Sarah Carpenter, Fr John Whitty, Martin D.Coutho, Fr Tadgh Tierney, Ofilia Mawson.

**Those whose anniversaries occur at this time:** Damian Champion, Maurice Spillane, Frazer Toweel, Ivan Srebrenovic.  
*Eternal rest grant unto them, O Lord, and may perpetual light shine upon them.*



## Bulletin Notices

**Thank you for your continued faithful support of our parish through planned giving.** Electronic giving has become the most preferred method of giving in our parish. It is very simple to set up via the links on our parish website or by sending a direct debit form to the parish office. The money counters say thank you too. Planned giving helps the parish because it means we can prepare a budget and plan for the activities that will support you, our parishioners, sharing the Word of God. The new sets of envelopes are available in the meeting room ready for collection. If you would like to order a set of envelopes or commence electronic planned giving please contact the parish office.

**Sacramental Registrations** are currently being accepted for the Sacraments of First Reconciliation, First Holy Communion and Confirmation. There will be a parent formation evening on Wednesday 29 June at 7.15pm. There is information available on our parish website and all enquiries should be directed to the parish office.

**Raffle Ticket books are available in the foyer after Mass and all parishioners are encouraged to take home a book and sell them to family and friends. It will be drawn on 17 July at the Feast day.**

**Online Prayer Service for Refugee Week on Monday 20 June 2022 at 6.00pm AEST** - The World Day of Refugees Australian Catholic Migrant and Refugee Office and the Office for Justice, Ecology and Peace are inviting you to participate in an online prayer service to pray for asylum seekers and refugees and mark Refugee Week from Sunday 19 June to Saturday 25 June 2022. The theme for the week is "healing".

Register now at: <https://bit.ly/RefugeeWeek2022Prayers>

**The Journey, Podcast** On The Journey This Week: Fr Mark De Battista's Gospel reflection on the feeding of the five thousand. Mother Hilda tells Annie's story and says the hardest person to forgive is often ourselves. Plus, a faith testimony from NET member Hannah Tichbon. The Journey podcast available at [www.jcr.org.au](http://www.jcr.org.au)

**2022 Significant Marriage Anniversaries Mass** If you are celebrating 25, 40, 50, 60 or over 60 years of marriage this year, and would like an invitation to the Mass to be celebrated by Bishop Brian Mascord at St Francis Xavier Cathedral on Sunday, 7 August 2022 at 2pm, please register online at [www.dow.org.au/events/](http://www.dow.org.au/events/), or contact Helen Bennett at the Office of the Bishop at 4222 2403, or via email [helen.bennett@dow.org.au](mailto:helen.bennett@dow.org.au) by no later than Monday 11 July. Once you have done so, an invitation and official online registration procedures can be sent to you.

**menALIVE's—reFUEL Weekly Sharing and Journaling Sessions—** Every Tuesday 7.30pm; reFUEL is a weekly hour-long gathering of men every Tuesday evening on Zoom providing the chance to:

- break open the Sunday reading using a Lectio Divina style
  - "catch up" with great men from across Aust and N Z.
  - gain strength and inspiration by the witness of other men.
  - pray as a group for individual needs and the needs of others.
- Join via this link: <https://>

[us02web.zoom.us/j/88436558468](https://us02web.zoom.us/j/88436558468)

**"Deep Calls to Deep" a deep dive into the contemplative practice of centering prayer, 20 – 26 June 2022;** Jamberoo Abbey Online Retreat with Sr Magdalen Mather OSB. If you have a desire to go deeper in your prayer and relationship with God but have been at a loss to know how to go about it, this retreat may be of help. It takes us through the foundations, method, and practice of this simple, yet profound and transformative way of prayer. The invitation to practice and the offering of practical tips help to navigate the seas of spiritual practice and ultimately enable a wholehearted response when 'Deep calls to Deep'. Go to <http://www.jamberooabbey.org.au/retreats/online-retreats/> for more information/details, please

**Online Retreat: Be refreshed and renewed! (28-30 July 2022)** Do you sometimes feel like you're just trying to survive? Priests and active parishioners across Australasia are passionate about answering the Church's call to mission. The problem is that with the usual demands of parish ministry, it can be easy to feel discouraged and burnt out. Do you sometimes feel like you're just trying to get by spiritually? Join us at the Refreshed & Renewed Online Retreat on 28-30 July 2022. With fantastic keynote speakers and retreat leaders, such as Fr James Mallon from Divine Renovation and renowned Catholic author Dr Edward Sri, take this opportunity to be re-energised, pray and worship, and spend time with other Catholics. Register here: [dow.sh/Refreshed](http://dow.sh/Refreshed)

**Catholic Women's League Council Meeting - Wollongong Diocese** 10am Tuesday 28 June 2022 Xavier Centre Wollongong at 10am The Catholic Women's League members of the Wollongong Diocese would like to invite ladies in all our parishes to attend the upcoming Council Meeting. This will be an opportunity to experience and learn what Catholic Women's League do. Refreshments will be served at the conclusion of the meeting or as many of our members do bring your own lunch. Please contact Diocesan President Jo Clark if you have any queries. 0400 041 190 or Email [jo.clark@y7mail.com](mailto:jo.clark@y7mail.com)

**Could you provide a forever home?** CatholicCare urgently needs foster carers to provide love, care, and support to help children thrive and reach their full potential. Carers receive comprehensive support from the Fostering Futures team to ensure they have a full range of resources and networks to nurture their forever home. Our team have over 30 years' experience helping carers give vulnerable children a loving home and a brighter future. We are urgently seeking a placement for Katie\* aged 13 years. Katie enjoys cooking, bike riding, playing board games, reading and loves animals. She needs a loving and caring home and will thrive with carers who have patience and time to support her to manage emotions, build connections with others and achieve a positive future. If you would like to learn more about becoming a carer with CatholicCare, please call 0418 783 956 or email [fosteringfutures@catholiccarer.dow.org.au](mailto:fosteringfutures@catholiccarer.dow.org.au) for more information.

*\*Name has been changed for privacy*



## Holy Gospel according to Luke 9:11-17

*They all ate and were filled.*

Jesus made the crowds welcome and talked to them about the kingdom of God; and he cured those who were in need of healing.

It was late afternoon when the Twelve came to him and said, 'Send the people away, and they can go to the villages and farms round about to find lodging and food; for we are in a lonely place here.' He replied, 'Give them something to eat yourselves.' But they said, 'We have no more than five loaves and two fish, unless we are to go ourselves and buy food for all these people.' For there were about five thousand men. But he said to his disciples, 'Get them to sit down in parties of about fifty.' They did so and made them all sit down. Then he took the five loaves and the two fish, raised his eyes to heaven, and said the blessing over them; then he broke them and handed them to his disciples to distribute among the crowd. They all ate as much as they wanted, and when the scraps remaining were collected they filled twelve baskets.



The Gospel of the Lord.

## Reflection by Pope Francis



Today, in Italy and in other countries we celebrate the Solemnity of the Body and Blood of Christ, Corpus Christi. The Gospel presents us the narrative of the miracle of the loaves which takes place on the shores of the Sea of Galilee. Jesus is intent on speaking to the thousands of people, performing healings. As evening falls, the disciples approach the Lord and say to him: "Send the crowd away, to go into the villages and country round about, to lodge and get provisions". The disciples too were tired. In fact, they were in a remote place, and the people had to walk and go into the villages in

order to buy food. And Jesus sees this and responds: "You give them something to eat". These words astonish the disciples. They do not understand; perhaps they even become angry and they reply: "We have no more than five loaves and two fish — unless we are to go and buy food for all these people".

Instead, Jesus invites his disciples to carry out a true conversion from the mind-set of 'everyone for themselves' to that of sharing, beginning with that little that Providence puts at our disposal. And he immediately demonstrates that he is quite clear about what he wants to do. He tells them: "Make them sit down in companies, about fifty each". Then, taking the five loaves and two fish in his hands, he addresses the heavenly Father and utters the prayer of blessing. Next, he begins to break the loaves, divide the fish and give them to the disciples, who distribute them to the crowd. And the food does not end until everyone has had their fill.

This miracle — a very important one, so much so that it is recounted by all the Evangelists — demonstrates the Messiah's power and, at the same time, his compassion: Jesus has compassion for the people. Not only does that prodigious gesture endure as one of the great signs of Jesus' public life, but it also foretells what will be, in the end, the memorial of his sacrifice, namely, the Eucharist, the sacrament of his Body and his Blood offered up for the salvation of the world.

The Eucharist is the culmination of Jesus' entire life, which was a single act of love toward the Father and brothers and sisters. There too, as with the miracle of the multiplication of the loaves, Jesus took the bread in his hands, raised a prayer of blessing to the Father, broke the bread and gave it to his disciples; and he did the same with the cup of wine. But in that moment, on the eve of his Passion, with that gesture, he wished to leave the Testament of his new and eternal Covenant, a perpetual memorial of the Paschal Mystery of his death and resurrection. The feast of Corpus Christi invites us to renew each year the wonder and joy of this wondrous gift of the Lord which is the Eucharist. Let us receive it with gratitude, not in a passive, habitual way. We should not grow accustomed to the Eucharist and go to Communion as a habit: no! Each time we approach the altar to receive the Eucharist, we must truly renew our "amen" to the Body of Christ. When the priest says "the Body of Christ", we say "amen": but let it be an "amen" that comes from the heart, a committed one. It is Jesus; it is Jesus who saved me; it is Jesus who comes to give me the strength to live. It is Jesus, the living Jesus. But we must not become accustomed: each time as if it were the first Communion.

Processions with the Most Holy Sacrament, which are taking place throughout the Catholic Church during this Solemnity, are expressions of the eucharistic faith of the holy People of God. May Our Lady help us to faithfully and lovingly follow Jesus whom we adore in the Eucharist.