

*We acknowledge and respect the traditional owners and custodians of the land on which we stand,  
the elders, past and present and all the Dharawal people. May we too be good stewards of this land.*

**24 July 2022**  
**Seventeenth Sunday in**  
**Ordinary Time**  
**Year C**



**Entrance Antiphon**

God is in his holy place,  
God who unites those who  
dwell in his house;  
he himself gives might and  
strength to his people.

**First Reading** from the  
book of Genesis 18: 20-32

**Responsorial Psalm**

Ps 137:1-3. 6-8. R. v.3

**Response** Lord, on the day  
I called for help, you  
answered me.

**Second Reading** from the  
letter of St Paul to the  
Colossians 2: 12-14

**Gospel Acclamation**

Alleluia, alleluia!

You have received the Spirit  
which makes us God's  
children, and in that Spirit  
we call God our Father.  
Alleluia!

**Holy Gospel** according to  
Luke 11: 1-13

**Communion Antiphon**

Bless the Lord,  
O my soul, and never  
forget all his benefits.

**Next Week**  
**Eighteenth Sunday in**  
**Ordinary Time Year C**



World Day  
for **Grandparents**  
and the **Elderly**  
**2022**

Pope Francis has proclaimed the World Day for Grandparents and the Elderly will be celebrated on the fourth Sunday in July each year – July 24 in 2022. The Day is marked near the feast of Sts Joachim and Anne, the grandparents of Jesus. The text below is an excerpt from the homily given by Pope Francis. The full text will be on our parish website, including some additional prayer resources.

Dear grandparents, dear elderly persons,

We are called to be artisans of the revolution of tenderness in our world! Let us do so by learning to make ever more frequent and better use of the most valuable instrument at our disposal and, indeed, the one best suited to our age: prayer. "Let us too become, as it were, poets of prayer: let us develop a taste for finding our own words, let us once again take up those taught by the word of God". Our trustful prayer can do a great deal: it can accompany the cry of pain of those who suffer, and it can help change hearts. We can be "the enduring 'chorus' of a great spiritual sanctuary, where prayers of supplication and songs of praise sustain the community that toils and struggles in the field of life".

The World Day of Grandparents and the Elderly is an opportunity to proclaim once more, with joy, that the Church wants to celebrate together with all those whom the Lord – in the words of the Bible – has "filled with days". Let us celebrate it together!

I ask you to make this Day known in your parishes and communities; to seek out those elderly persons who feel most alone, at home or in residences where they live. Let us make sure that no one feels alone on this day. Expecting a visit can transform those days when we think we have nothing to look forward to; from an initial encounter, a new friendship can emerge. Visiting the elderly who live alone is a work of mercy in our time! Let us ask Our Lady, Mother of Tender Love, to make all of us artisans of the revolution of tenderness, so that together we can set the world free from the spectre of loneliness and the demon of war.

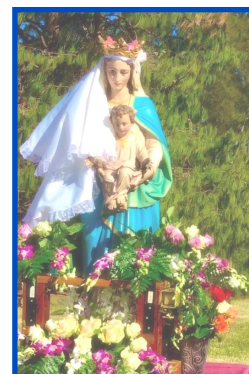
To all of you, and to your loved ones, I send my blessing and the assurance of my closeness and affection. And I ask you, please, not to forget to pray for me!

*Rome, Saint John Lateran, 3 May 2022, Feast of the Apostles Philip and James*

**Feast Day thank you.**

Our Feast day last Sunday was an amazing celebration of the Holy Spirit alive in our midst. Ten days of joyful, prayerful celebration within our community of Our Lady of Mount Carmel.


From the Novena Masses to the Fiesta, thank you to everyone who participated and worked to honour Our Lady of Mount Carmel. On Sunday we enjoyed the sunshine, the lunch, the concert and most of all the opportunity to catch up with friends and meet newcomers to our Parish.



Contact us	Mass times	
Parish Priest: Fr. Shane Kelleher OCD Assistant Priest: Fr "Sam" Ransom Rapirop OCD Parish Associate: Sr Ines Comiling, CM Office Hours: Tuesday—Friday 9.30am-12.30pm	Sunday Mass times	Weekday Mass times
	Saturday Vigil: 6pm	Mon, Tues, Wed, Fri & Sat Mass at 9am
	Sunday: 9.30 am & 5pm	Thursday - Mass at 7.30pm
	Reconciliation: Saturday at 11am	All Sacramental enquiries: call the parish office

**Diocese of Wollongong Mass Online:**  
for all of the online Mass options- please visit the DoW website <https://dow.sh/dailymass>

Rosters			
31 July 2022	Saturday 6pm	Sunday 9.30am	Sunday 5pm
<b>Monitors</b>	Tracey & Richard	Jackie & Volunteer	Volunteer
<b>Altar Servers</b>	Michelle & Abigail	Orly & Lusia	Robert
<b>Readers</b>	Candice & Michael	Tess & Aida	Sheenalyn & Kavya
<b>Refreshments</b>	Riana & Suzanne M	Ofa & Charlotte	
<b>Flowers</b>	Patricia & Jessica	<b>Church Vacuuming</b>	Feiloakitohi Family
<b>Counters</b>	George & Irene	<b>Foyer Cleaning</b>	Feiloakitohi Family
<b>CLOTW</b>		Volunteer	

Prayer intentions	
	<p><b><u>For the sick &amp; homebound:</u></b> Wendy Wright, Amanda &amp; John Meredith, John McDermott, Reg Gardner, Phyllis Cooper, Sr Heather Burke, Marie &amp; Barry Atkins, Carol &amp; Gabriel Gonzales, Amelia Jimenez, John Ingster, Elizabeth Moore, Greg Watson, Joe Spinnato, Susan Mella, Ron Allen, Sean Finnerty, Rose Levoune, Francisco Carmona, Doreen Gribbons, Clayton Diack, Emily Rose Pavicin, Pat &amp; Denise Furner, Tracey Bokor, Lily Pereira, Doris Wahhib, John Kajdrys, Erlinda Hermes, Aurelia Vertucio, Mary &amp; Frances Raithi, Jeanna San Diego, Hugo Garzotto, Eileen Butcher, Josephina Duefries, Austin Taylor, Marisa Aquirre, Joan Wilson.  <i>May they experience the saving power of the risen Lord amidst their pain &amp; affliction.</i></p>
	<p><b><u>For our recently dearly departed:</u></b> Benito Cossettini, Jerry Migus, Anna Muscatello, Tatiana Stocco,</p>
	<p><b><u>Those whose anniversaries occur at this time:</u></b> Claude Fricot, Anne La Spina, Jeff Randal, Bill Girdham  <i>Eternal rest grant unto them, O Lord, and may perpetual light shine upon them.</i></p>

Bulletin Notices	
<p><b>Feast Day Meeting:</b> The final meeting for this year is to gather feedback that will help for future events; All Volunteers are invited to join us on Thursday 28 July, please join us at Mass at 7.30, followed by a supper meeting.</p> <p><b>The fundraising raffle</b> was drawn at the Feast day: Thank you for your support of this raffle. The winners are:  First Prize: Theresa Almeida  Second Prize: Judith Cullen  Third Prize: Rory Jalocon  Ticket Seller Prize: Theresa Almeida</p> <p><b>First Anniversary Mass for Claude Fricot:</b> You are invited to attend a memorial mass that will be offered for Claude Fricot on the 1st anniversary of his passing. It will be held on Saturday, 30 July 2022, at 11am, here at Our Lady of Mount Carmel Church.</p>	<p><b>Worldwide Marriage Encounter - Virtual Weekend</b>  <i>Live your best life in love:</i> The Weekend is conducted by Zoom allowing you to attend from the comfort of your own home.  <i>Starting Friday, 19 August 2022, 7.00 pm (Sydney time)</i>  <i>Through Sunday, 21 August 2022 around 4.00 pm.</i>  The Weekend will conclude with Holy Mass  Book online <a href="http://www.wwme.org.au">www.wwme.org.au</a> OR contact Booking Couple  Mercy &amp; James Bvirakare, Mobile 0409 183 676  Email: <a href="mailto:vicbookings@wwme.org.au">vicbookings@wwme.org.au</a>  You will need a computer / laptop with video (camera + microphone) and a good internet connection.</p> <p><b>The Journey Weekly Podcast</b> On The Journey This Week: Fr Joseph Murphy's gospel reflection on praying just like Jesus. Mother Hilda's moving Amen prayer story. Plus, a faith testimony from NET member Michael Adams, and Josh Clayton making a thousand sausage sandwiches.  The Journey podcast available at <a href="http://www.jcr.org.au">www.jcr.org.au</a></p>



# Bulletin Notices

## Online Retreat: Be refreshed and renewed! (28-30 July 2022)

Do you sometimes feel like you're just trying to survive? Are you passionate about answering the Church's call to mission? The problem is that with the usual demands of parish ministry, it can be easy to feel discouraged and burnt out. Do you sometimes feel like you're just trying to get by spiritually? Join us at the Refreshed & Renewed Online Retreat on 28-30 July 2022. With fantastic keynote speakers and retreat leaders, such as Fr James Mallon from Divine Renovation and renowned Catholic author Dr Edward Sri, take this opportunity to be re-energised, pray and worship, and spend time with other Catholics. Register here: [dow.sh/Refreshed](https://dow.sh/Refreshed)

**Campbelltown Catholic Club's 56th Annual Communion Mass & Luncheon: Sunday 21 August 2022** Mass will be concelebrated by Bishop Brian Mascord DD and Fr Christopher Sarkis at **10:00am** at **Our Lady Help of Christians, Rosemdw.** At the conclusion of the Mass a luncheon will be served at The CUBE, Campbelltown Catholic Club. Tickets will be available to purchase through our parish office.

**LIVE Festival 2022** This year the annual LIVE Festival is returning for the first time since 2019. If you are a young person in year 9 - 12 in the Wollongong Diocese who likes live music, quality content, fun, games, festival activities and has missed big Catholic events, then come to the LIVE Festival! Date: Friday the 2nd of September; Time: 10am - 8pm; Location: WIN Entertainment Centre Wollongong Cost: \$50; Registrations close on the 31st of July. For more information, please email [youth@dow.org.au](mailto:youth@dow.org.au)

**2022 PILGRIMAGE – IN THE FOOTSTEPS OF ST MARY MACKILLOP:** You are invited to join Fr David Catterall (Parish Priest; St Mary MacKillop Parish, Oran Park) and parishioners from across our diocese and beyond on a 2022 pilgrimage in the footsteps of St Mary MacKillop.

This pilgrimage (departs Melbourne Thu 13 October 2022 & returns Adelaide Sun 23 October 2022) is a graced opportunity to set out together on a true Australian Pilgrimage through the life and times of Mary MacKillop, as we rekindle the story, landscapes, and spirit of our nations' first canonized saint. If you would like more information **you can download**

## OLMC VARROVILLE SLEEP OUT supporting Vinnies Winter Appeal



**JOIN US on 30 JULY 2022  
REGISTER and SPONSOR**

**Enquiries contact Gabriel Mafi 0438 653 401**



<https://my.fundraise.vinniesnsw.org.au/vinnies-community-sleepouts/our-lady-of-mt-carmel-vinnies-sleep-out-2022>

the pilgrimage brochure HERE: [www.harvestjourneys.com/tour/footsteps-of-st-mary-mackillop](http://www.harvestjourneys.com/tour/footsteps-of-st-mary-mackillop) (Alternatively, please contact the Oran Park Parish Office – [oranpark@dow.org.au](mailto:oranpark@dow.org.au) (02)46482226 – and a brochure can be emailed or posted to you)

**Palms Australia:** Celebrating a Return to Global Mission Once again Australian Catholics are being offered deep re-engagement with our sisters and brothers globally. Covid challenged our ability to reach beyond but now you can again consider Mission opportunities abroad. If you respond to the call to share your skills; to mentor those with little other opportunity, you will be prepared and supported by Palms Australia who have engaged Australian Catholics in this mission since 1961. Enquire online or Ph: 0422 742 567 about a placement to engage your skills and Register for a Webinar on Monday 1 August at 7:00 pm for the chance to talk directly with Palms' partner communities abroad and two Australian program participants recently posted to work with them. Invite your friends. The stories will inspire.

**Diocese of Wollongong | Client Service Officer The Catholic Development Fund,** Diocese of Wollongong is seeking an experienced client service officer with financial institution experience. A full-time appointment is desirable. However, suitably qualified candidates looking for part-time or job share should apply. Applications close Friday 29 July 2022. For a role description please email [tony.sanderson@dow.org.au](mailto:tony.sanderson@dow.org.au)

**Diocese of Broome - Kimberley Catholic Volunteer Service NEEDED URGENTLY - VOLUNTEER WORKERS** The Diocese of Broome, WA, urgently requires volunteers to assist with the work of the local Church on Aboriginal Missions. There are various important voluntary tasks: administration, building maintenance, gardening, shop staffing, cooking, cleaning etc. Placements are preferred for a period of 6 months plus. In return for being part of the team, we offer accommodation, living expenses and an allowance. For further details, and an application form, please contact: Volunteer Coordinator, Janet Ryan: 08 9192 1060 Email: [volunteers@broomedioocese.org](mailto:volunteers@broomedioocese.org) Web: [www.broomedioocese.org](http://www.broomedioocese.org) Mail: PO Box 76, BROOME WA

**The Fifth Plenary Council of Australia** There are a number of ways that you can connect and interact with this historic moment in the life of the Church in Australia: • Visiting the Plenary Council's Facebook page which has media releases and recordings of live streams - <https://www.facebook.com/PlenaryCouncil> • Visiting the Official Plenary Council website (all documents are stored here) – [plenarycouncil.catholic.org.au](http://plenarycouncil.catholic.org.au) • Visiting the Diocesan Plenary Council Page for local resources – [dow.org.au/media-resources/plenary-council/](http://dow.org.au/media-resources/plenary-council/) • Continuing to pray for the future of the Church in Australia and her mission in the world.

**Claiming Hope: Creative Healing Retreat 12 – 14 August** Join the MGL Sisters at Carmel House for a healing retreat experience. Come to God in your woundedness, journey with Him through creativity, and allow Him to transform you into a living sign of hope. Enquiries: [mgl sisters.sydney@gmail.com](mailto:mgl sisters.sydney@gmail.com) <https://www.trybooking.com/BWMJN>

## Holy Gospel according to Luke 11: 1-13

*Ask, and it will be given to you.*

Once Jesus was in a certain place praying, and when he had finished, one of his disciples said, 'Lord, teach us to pray, just as John taught his disciples.' He said to them, 'Say this when you pray:

"Father, may your name be held holy,  
your kingdom come;  
give us each day our daily bread,  
and forgive us our sins,  
for we ourselves forgive each one who is in debt to us.  
And do not put us to the test."



He also said to them, 'Suppose one of you has a friend and goes to him in the middle of the night to say, "My friend, lend me three loaves, because a friend of mine on his travels has just arrived at my house and I have nothing to offer him"; and the man answers from inside the house, "Do not bother me. The door is bolted now, and my children and I are in bed; I cannot get up to give it to you." I tell you, if the man does not get up and give it him for friendship's sake, persistence will be enough to make him get up and give his friend all he wants.

'So I say to you: Ask, and it will be given to you; search, and you will find; knock, and the door will be opened to you. For the one who asks always receives; the one who searches always finds; the one who knocks will always have the door opened to him. What father among you would hand his son a stone when he asked for bread? Or hand him a snake instead of a fish? Or hand him a scorpion if he asked for an egg? If you then, who are evil, know how to give your children what is good, how much more will the heavenly Father give the Holy Spirit to those who ask him!'

The Gospel of the Lord.

### Reflection by Pope Francis

In today's Gospel passage, Saint Luke narrates the circumstances in which Jesus teaches the "Lord's Prayer". They, the disciples, already know how to pray by reciting the formulas of the Jewish tradition, but they too wish to experience the same "quality" of Jesus' prayer because they can confirm that prayer is an essential dimension in their Master's life. Indeed each of his important actions is marked by long pauses in prayer. Moreover, they are fascinated because they see that he does not pray like the other teachers of the time, but rather his prayer is an intimate bond with the Father, so much so that they wish to be a part of these moments of union with God, in order to completely savour its sweetness.

Thus, one day they wait for Jesus to finish praying in a secluded place and then they ask him: "Lord, teach us to pray". In responding to the disciples' explicit question, Jesus does not provide an abstract definition of prayer, nor does he teach an efficient technique to pray in order to "obtain" something. Instead, he invites his own to experience prayer, by putting them directly in communication with the Father, causing them to feel nostalgic for a personal relationship with God, with the Father. Herein lies the novelty of Christian prayer! It is a dialogue between people who love each other, a dialogue based on trust, sustained by listening and open to a commitment to solidarity. It is the dialogue of a Son with his Father, a dialogue between children and their Father. This is Christian prayer.

Hence, he delivers the "Lord's Prayer" to them, perhaps the most precious gift left to us by the Divine Master during his earthly mission. After revealing to us his mystery as Son and brother, with that prayer Jesus allows us to enter into God's paternity. I want to underscore this: when Jesus teaches us the "Our Father", he allows us to enter into God's paternity and he points the way to enter into a prayerful and direct dialogue with him, through the path of filial intimacy. It is a dialogue between a father and his son, of a son with his father. What we ask in the "Our Father" is already fulfilled for us in his Only-begotten Son: the sanctification of the Name, the advent of the Kingdom, the gift of bread, of forgiveness and of delivery from evil. As we ask, we open our hand to receive; to receive the gifts that the Father has shown us in his Son. The prayer that the Lord taught us is the synthesis of every prayer and we address it to the Father, always in communion with our brothers and sisters. Sometimes distractions can occur in prayer, but we often feel the need to stop at the first word, "Father", and feel that paternity in our heart.

Jesus then recounts the parable of the importune friend and Jesus says: "we must persevere in prayer". My thoughts turn to what children do when they are three and-a-half years old: they begin to ask about things they do not understand. In my country, it is called "the 'why' age", I think it is also the same here. Children begin to look at their father and ask: Why Dad? Why Dad? They ask for explanations. Let us be careful: when the father begins to explain why, they come up with another question without listening to the entire explanation. What is happening? Children feel insecure about many things that they are only partially beginning to understand. They only wish to attract the father's gaze, and thus the "why, why, why?". If we pause on the first word of the "Our Father", we will be doing the same as when we were children: attracting the father's gaze upon us: saying, "Father, Father" and also asking, "why?", and he will look at us.

Let us ask Mary, woman of prayer to help us pray the "Our Father" in unity with Jesus in order to live the Gospel guided by the Holy Spirit.