

FLOWER OF CARMEL
DAY 3: SUNDAY 9 JULY 9:30 AM

INTRODUCTION

Good morning to all!

Today we thank the groups for sponsoring the mass: The Divine Mercy and Fatima Group.

We welcome you to our Eucharistic celebration on the third day of our Novena to Our Lady of Mount Carmel. As we are about to begin our celebration may I invite you now to turn off or turn to silent mode your mobile phones.

Pause for a while.

Flower of Carmel is a prayer honouring Our Lady of Mount Carmel. Oral tradition tells of St. Simon Stock praying with a passionate intensity to Our Lady of Mt. Carmel during a time of great distress and hardship for the Order. With fervour and faith, he prayed for the first time the *Flos Carmeli* prayer which he wrote. And Our Lady answered that prayer. Thus, for seven centuries the *Flos Carmeli* continues to be prayed to the Blessed Mother with the firm faith that she will answer its request with her powerful help. Through the help of Mary Jesus' promised when He said "Come to me, all you who labour and are heavy burdened, and I will give you rest..." was fulfilled.

Today also is the 14th Sunday in Ordinary Time and the day to remember the Apostleship of the Sea.

Let us dispose ourselves to join in this Eucharistic celebration.
Please stand and join in our entrance hymn.

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FIRST READING

Zechariah 9:9-10

See now, your king comes humbly to you

The Lord says this:

Rejoice heart and soul, daughter of Zion!

Shout with gladness, daughter of Jerusalem!

See now, your king comes to you;

he is victorious, he is triumphant,

humble and riding on a donkey,

on a colt, the foal of a donkey.

He will banish chariots from Ephraim

and horses from Jerusalem;

the bow of war will be banished.

He will proclaim peace for the nations.

His empire shall stretch from sea to sea,

from the river to the ends of the earth.

The word of the Lord.

Thanks be to God.

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Responsorial Psalm

Psalm 144(145):1-2,8-11,13b-14

I will praise your name for ever, my king and my God.

I will give you glory, O God my king,
I will bless your name for ever.
I will bless you day after day
and praise your name for ever.

I will praise your name for ever, my king and my God.

The Lord is kind and full of compassion,
slow to anger, abounding in love.
How good is the Lord to all,
compassionate to all his creatures.

I will praise your name for ever, my king and my God.

All your creatures shall thank you, O Lord,
and your friends shall repeat their blessing.
They shall speak of the glory of your reign
and declare your might, O God.

I will praise your name for ever, my king and my God.

The Lord is faithful in all his words
and loving in all his deeds.
The Lord supports all who fall
and raises all who are bowed down.

I will praise your name for ever, my king and my God.

Second reading

Romans 8:9,11-13

If by the Spirit you put an end to the misdeeds of the body, you will live

Your interests are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him, and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you.

So then, my brothers, there is no necessity for us to obey our unspiritual selves or to live unspiritual lives. If you do live in that way, you are doomed to die; but if by the Spirit you put an end to the misdeeds of the body you will live.

Gospel Acclamation

Mt 11:25

Alleluia, alleluia!

Blessed are you, Father,

Lord of heaven and earth,

for revealing the mysteries of the kingdom
to mere children.

Alleluia!

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Gospel

Matthew 11:25-30

You have hidden these things from the wise and revealed them to little children

Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him.

'Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.'

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PRAYERS OF THE FAITHFUL

Priest: God calls us to follow with generous hearts.

With Mary, our mother, let us pray for
our needs and those of the whole world.

1. May there be peace in every home in Australia, and peace among all her people, so that reconciliation heals past injustices, stimulates hope for this generation, and shapes the future of our nation. *Let us pray to the Lord. Lord, hear our prayer.*
2. May the seafarers be faithful in their time of routine, and prompt to decide and courageous to act in any time of crisis. Protect them in the dangers and perils of the sea; and even in the storm, grant that there may be peace and calm within their heart. Let us pray to the Lord.
3. For the children in our Parish who that, planted in faith and grounded in love, they may bear witness to Christ our Lord by their way of life. Let us pray to the Lord.
4. For all of us gathered here that through the exemplar life of Mary, our mother, may we become keen and sensitive to love and care everyone who are in need. Let us pray to the Lord.

Let us pray our parish prayer:

Creator God, Life is Your gift to me. Through Baptism, you invite me to share the gift of my life in service to others. Be with me as I choose each day to show Your presence in our world. Give me the courage and generosity to respond to Your love, to Your call. I pray especially for those who serve you in ministry at Our Lady of Mount Carmel Parish. May we bear the "Good News" to those in need. Keep us close to you. Open the minds and hearts of many other men, women and young people that they may accept Your challenge to build the Kingdom in our parish. We ask this prayer through Christ our Lord. Amen.

Priest: God ever close to us, hear our prayer this day.

Keep our eyes fix on you and our hands extended to everyone in need.
We ask this through Christ our Lord. Amen.

NOVENA PRAYER

(After 2nd Collection)

DAY 3: “The Merciful and Compassionate Heart of Mary”

Leader: Mother of Carmel, your Son proclaimed: Blessed are the merciful for they will receive mercy (Mat 5:7)

All: God wanted to exempt you from sin and you always corresponded with incomparable love to the gifts of God. You didn't need the Lord's forgiving mercy like we did. But you have an intense awareness of your smallness and the fragility of the human creature. You learned it from your compassionate Son, so merciful and so close to sinners that he came to save. Through your mercifulness, understanding and helpfulness towards everyone, you wanted to give thanks for the great gift that God the Father gave you by freeing you, in anticipation of the merits of Christ, from the sin of Adam.

We do not ask you about the colour of your eyes, we blindly believe that they are God the Father, the Son and the Holy Spirit. Amen.

Leader: “He whose heart does not share the sufferings of his neighbours as they were his own, has no mercy; that is, a heart unmoved and not affected by the misery and the needs of others” (MM551)

Leader: Queen and Beauty of Carmel,

All: Pray for us!

**FLOS CARMELI
VITIS FLORIGERA**

**Flower of Carmel
Blossoming vine**

**SPLENDOR CAELI
VIRGO PUERPERA
SINGULARIS
MATER MITIS
SED VIRI NESCIA
CARMELITIS ESTO
PROPITIA
STELLA MARIS**

**light of heaven
mother of God's dear Son
vine and virgin;
gentle parent,
pure beyond human love
Bless your children
Star shining far above
This world's ocean.**