

**At least 1 parent/guardian must attend all sessions with their child.**

**Reconciliation**

**Sessions:** 4 x Saturday sessions starting 25 October 2025  
at 4pm followed by Mass at 6-7pm  
**Ceremony:** Saturday 22 November 2025 at 4pm

**First Holy Communion:**

**Sessions:** 4 x Saturday sessions starting 24 May 2025  
At 4pm followed by Mass at 6-7pm  
**Ceremony:** Weekend Masses on 21/ 22 June 2025  
**Retreat Day:** Friday 20 June 2025: 9am-3pm  
**Practice:** Friday 20 June 2025 at 7pm

**Confirmation:**

**Sessions:** 5 x Saturday sessions starting 16 August 2025  
at 4pm followed by Mass at 6-7pm  
**Ceremony:** Sunday 21 September 2025 at 9.30am  
**Retreat Day:** Friday 19 September 2025 9am—3pm

**Sacramental Coordinators:**

**Reconciliation:** Sarah Locke  
**First Holy Communion:** Loretta Binny  
**Confirmation:** Bianca Heuvel  
**R.C.I. Adults/Children:** Diane Redmayne

**Parish Office Contact Details**

**Parish Priest:** **193 St Andrews Rd, Varroville**  
**Fr. Shane Kelleher OCD** **Office Hours:**  
**Tues-Friday 9.30am-12.30pm**  
**Parish Associate:** **Phone: 9603 7373/0434 705 176**  
**Sr Jill Sudario, CM** **Email: varroville@dow.org.au**  
**Website: varroville.dow.org.au**

**Sunday Mass times** **Weekday Mass times**  
Saturday Vigil: 6pm Monday, Tuesday, Wednesday,  
Sunday: 9.30 am & 5pm Friday & Saturday Mass at 9am  
Thursday - Mass at 7.30pm



**SACRAMENT PREPARATION INVITATION 2025**

Let us walk with you and your child into the Sacraments of:

- Reconciliation
- First Holy Communion
- Confirmation

The Catholic Parish of Our Lady of Mt Carmel wishes to accompany your family on their Catholic Faith Journey.



## Sacramental Journey

### The Role of Families:

We believe that Parents & Guardians are the first teachers of their children in the ways of faith, particularly by the witness of their lives. Parents are also the best teachers of their children and they are the ones who shape the attitudes and values of their children and their involvement in sacramental preparation can never be replaced.

At Our Lady of Mt Carmel Parish, we are here to assist you as you do your best as Christian parents. The keyword is “assist”, we are not taking over your responsibility as parents. ***As such, it is essential that at least one parent/ guardian accompany their child to each of the sessions of the sacramental preparation process.***

### The Role of the Parish:

A Christian family lives within a wider parish community, which also has the responsibility to share and nurture the faith within this family. The parish is responsible for coordinating sacramental preparation and providing faith education for both adults and children.

### Who is eligible to receive the Sacraments?

As first teachers in faith you as parents are in the best place to judge when your child is ready to participate in the sacramental life of the parish community. The following however may be a useful guide to assist you in this respect:

First Reconciliation:	Year 3 & above
First Holy Communion:	Year 4 & above
Confirmation:	Year 6 & above

*If you or your children are not currently Catholic, but wishes to be involved in the sacramental life of the church, there is a separate process explained below:*

### RCIA: Rite of Christian Initiation for Adults

Have you thought about becoming a Catholic, would you like to explore this question more fully within our community? Then this process may be for you. It is designed for adults wishing to join the Catholic Faith and for adults who have not completed the sacraments of initiation (Confirmation and/or Eucharist).

### RCIC: Rite of Christian Initiation for Children

Would you like your school aged child to be baptized and become part of our Catholic community? This process is for children of sacramental age who are not baptized.

### First Step—Registration Process

Please complete a registration form if you wish your child to prepare for the sacraments in 2025/26. Please note: The children who receive First Reconciliation in 2025 will make First Holy Communion in 2026.

The registration form needs to be handed into the parish office together with copies of your child's Baptism certificate (for all sacraments) and First Holy Communion Certificate (for Confirmation). The forms need to be handed into the office or emailed to the parish office at [varroville@dow.org.au](mailto:varroville@dow.org.au). Online registration forms are available on our website: [www.varroville.dow.org.au](http://www.varroville.dow.org.au)

**The fee for each sacrament is \$25 and additional \$25 for each retreat day.** The fee, which will assist in covering the cost of materials and the retreat day, is payable on registration (speak to the coordinators if you require alternative arrangements).

### Second Step—Preparation Process

**Parent Formation Session:** Saturday 26 July at 4.30pm