

Second Step—Preparation Process

- **Parent Formation Session:** Saturday 25 July at 4.30pm
- **Preparation classes for the children**

At least 1 parent/guardian must attend all sessions with their child.

First Holy Communion:

For children who have already completed First Reconciliation

Sessions: 5 x Saturday sessions starting 2 May 2026

At 4pm followed by Mass at 6-7pm

Ceremony: Weekend Masses on 6/7 June 2026

Retreat Day: Friday 5 June 2026: 9am-3pm

Practice: Friday 5 June 2026 at 7pm

Confirmation:

Sessions: 5 x Saturday sessions starting 15 August 2026

at 4pm followed by Mass at 6-7pm

Ceremony: Sunday 20 September 2026 at 9.30am

Retreat Day: Friday 18 September 2026 9am—3pm

Reconciliation

Sessions: 4 x Saturday sessions starting 24 October 2026

at 4pm followed by Mass at 6-7pm

Ceremony: Saturday 21 November 2026 at 4pm

Sacramental Coordinators:

Reconciliation: Sarah Locke

First Holy Communion: Loretta Binny

Confirmation: Bianca Heuvel

R.C.I. Adults/Children: Diane Redmayne

Parish Office Contact Details

Parish Priest: 193 St Andrews Rd, Varroville

Fr. Shane Kelleher OCD

Office Hours:

Tues-Friday 9.30am-12.30pm

Parish Associate:

Sr Jill Sudario, CM

Phone: 9603 7373/0434 705 176

Email: varroville@dow.org.au

Website: varroville.dow.org.au



SACRAMENT PREPARATION INVITATION 2026

Let us walk with you and your child into the Sacraments of:

- Reconciliation
- First Holy Communion
- Confirmation

The Catholic Parish of Our Lady of Mt Carmel wishes to accompany your family on their Catholic Faith Journey.



Sacramental Journey

The Role of Families:

We believe that Parents & Guardians are the first teachers of their children in the ways of faith, particularly by the witness of their lives. Parents are also the best teachers of their children and they are the ones who shape the attitudes and values of their children and their involvement in sacramental preparation can never be replaced.

At Our Lady of Mt Carmel Parish, we are here to assist you as you do your best as Christian parents. The keyword is “assist”, we are not taking over your responsibility as parents. ***As such, it is essential that at least one parent/ guardian accompany their child to each of the sessions of the sacramental preparation process.***

The Role of the Parish:

A Christian family lives within a wider parish community, which also has the responsibility to share and nurture the faith within this family. The parish is responsible for coordinating sacramental preparation and providing faith education for both adults and children.

Who is eligible to receive the Sacraments?

As first teachers in faith you as parents are in the best place to judge when your child is ready to participate in the sacramental life of the parish community. The following however may be a useful guide to assist you in this respect:

First Reconciliation:	Year 3 & above
First Holy Communion:	Year 4 & above
Confirmation:	Year 6 & above

If you or your children are not currently Catholic, but wishes to be involved in the sacramental life of the church, there is a separate process explained below:

RCIA: Rite of Christian Initiation for Adults

Have you thought about becoming a Catholic, would you like to explore this question more fully within our community? Then this process may be for you. It is designed for adults wishing to join the Catholic Faith and for adults who have not completed the sacraments of initiation (Confirmation and/or Eucharist).

RCIC: Rite of Christian Initiation for Children

Would you like your school aged child to be baptized and become part of our Catholic community? This process is for children of sacramental age who are not baptized.

Sunday Mass times

Saturday Vigil: 6pm
Sunday: 9.30 am & 5pm

Weekday Mass times

Monday, Tuesday, Wednesday,
Friday & Saturday Mass at 9am
Thursday - Mass at 7.30pm

First Step—Registration Process

Please complete a registration form if you wish your child to prepare for the sacraments in 2026/27. Please note: The children who receive First Reconciliation in 2026 will make First Holy Communion in 2027.

The registration form needs to be handed into the parish office together with copies of your child's Baptism certificate (for all sacraments) and First Holy Communion Certificate (for Confirmation). The forms need to be handed into the office or emailed to the parish office at varroville@dow.org.au. Online registration forms are available on our website: www.varroville.dow.org.au

The fee for each sacrament is \$25 and additional \$25 for each retreat day. The fee, which will assist in covering the cost of materials and the retreat day, is payable on registration (speak to the coordinators if you require alternative arrangements).